

Press release
26 July 2011

Is your bedtime routine fire proof?

Did you know that majority of fires happen after 10pm at night? Hackney Homes is working with the London Fire Brigade to encourage all residents to do some quick and simple checks at night to make sure that you are not at risk of a fire.

- Switch off and unplug electrical equipment – only leave on appliances that are designed to be left on, like the fridge or your DVD recorder.
- Check the cooker – make sure the grill, hobs and oven are all turned off.
- Don't leave the washing machine, tumble dryer or dishwasher on. Their high speed of operation, friction and motors mean they can be a fire risk.
- Turn heaters off and put a guard in front of an open fire.
- Check candles – they can go on smouldering and start a fire. Double check that they are out and never leave one burning when you go to sleep.
- Put cigarettes right out – make sure cigarettes and pipes are out, wetting them to be sure. Never smoke in bed.
- Check your escape route – it should be clear of obstacles. Make sure the keys are where they are meant to be.
- Close doors – this can slow down the spread of a fire.

Hackney Homes residents can request a home fire safety visit directly from the London Fire Brigade. This will give you advice on how to make your home safe and where appropriate fit a smoke alarm for free. To request a visit, call 0800 028 4428 or log on to the website www.london-fire.gov.uk

Ends

Press Queries to Olaide Oyekanmi on 0208356 3522 or email olaide.oyekanmi@hackneyhomes.org.uk

Notes to Editors

- According to the London Fire Brigade Website, around half of all deaths caused by fires in the home happen between 10pm and 8am.