



## MANOR HOUSE DEVELOPMENT TRUST

### Over 55s Luncheon Club... Come Dine With Us



Welcome to the June edition of the Manor House Development Trust e-newsletter, this month we are pleased to report on the continued progress of the over 55s Luncheon Club, a Woodberry Down group run by dedicated volunteers at the Robin Redmond Resource Centre. Also inside this issue: update from the Woodberry Training Partnership CIC, Well London and other activities taking place on Woodberry Down...

## Continued >>>

The Over 55s Luncheon Club was launched at the Robin Redmond Centre on the 23<sup>rd</sup> February 2010 with the aim of providing a weekly group where elder members of the Woodberry Down Community could socialise with other members of the community from the same age group. Since the club began 16 weeks ago, we have seen a regular turnout, with an average of 17 residents per week, out of the 25 residents registered for the group.

The Luncheon Club gives residents weekly access to a healthy, nutritious, hot meal plus dessert and tea and coffee, and all for just £2.50. All meals are prepared by Lydia Batchelor, the Luncheon Club coordinator, and the residents are served by the group's dedicated volunteers. One such volunteer is local resident Nana Prempeh who had this to say:



“I work for the Luncheon Club as a Customer Care Assistant. The aim of Luncheon Club is to get older people socialising together within the estate...I find volunteering work rewarding because it enables me to use my experience in giving customer service to the older people in the estate. I have had the opportunity to meet different people and I now feel more confident to offer help to older people or anyone on the estate. For anyone who is interested

in participating in voluntary work, I would use this opportunity to encourage you to get involved. You will get the tools you need for the job, and it is a way of giving back something to the community.”

**The Luncheon Club is always looking for volunteers, so if you or someone you know would like to volunteer at the Luncheon Club, please contact Lesleyanne Forman on 020 8356 1626. There are also a number of other volunteering roles on offer, these can be found on the Volunteer Board at the RRRRC.**

### Feedback from our residents

“This just suits me, nice food and nice service”, Mary WD resident

“What I need, to get me out of the house” Emily, WD resident

“The meal of rice, peas and lamb was very nice” Evelyn, WD resident

“The dinners are fantastic, and everyone enjoyed their food, as did I” Ruby, WD resident



**If you know of any residents on Woodberry Down that would benefit from the Luncheon Club please refer them to Lydia Batchelor on 020 7503 0394**

# Woodberry Training Partnership update

In April the Trust reported on the formation and development of a new Community Interest Company (CIC) called the Woodberry Training Partnership CIC (WTP CIC) a joint venture between Citrus Training, a leading, nationally recognised construction training provider and the Manor House Development Trust.

The Trust is pleased to report that the Woodberry Training Partnership CIC (WTP CIC) has successfully passed external evaluation standards set by the awarding body which means it is now able to deliver short accredited courses here at Woodberry Down. Local residents are starting to register their interest in the free training that will start to take place on the old Horston/Sherwood site.



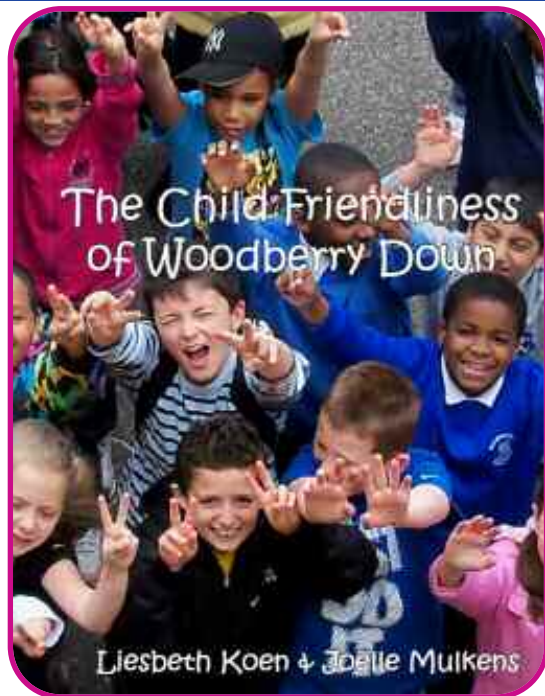
For every 10 commercial spaces paid for, the WTP CIC will provide a free space for a local resident and profits generated by commercial activities will be shared by Manor House Development Trust and Citrus Training.

In the meantime there are two courses being delivered in June for local residents. These are:

- Emergency First Aid at Work – Wednesday 9<sup>th</sup> June 2010
- Construction Health & Safety/CSCS Test – Thursday 10<sup>th</sup> & Friday 18<sup>th</sup> June, candidates will be notified of test dates during training

If you're interested in future courses please contact Woodberry Works on the number below. Or, if you're a local resident with relevant qualifications and experience, and you'd like to apply for work on the Old School Site please hand in your CV to:

**Caroline or Lydia at Woodberry Works, based at the Robin Redmond Resource Centre, N4 2RD or you can email it to: [woodberryworks@hackneyhomes.org.uk](mailto:woodberryworks@hackneyhomes.org.uk)**  
**For further information call 020 8356 1625.**



## Farewell to our interns

The Trust would like to say a special thank you to our interns from the Polytechnic of Rotterdam, Holland, Liesbeth Koen and Joelle Mulkens who have been working for the Trust since February. During their time on Woodberry Down the interns have been working on a report on the child friendliness of Woodberry Down. The purpose of the report is to inform Hackney Homes and Hackney Council how child friendliness could be improved on Woodberry Down. We are very pleased with the research that the interns have completed within the local area with residents over the past months. The full report will be posted onto the MHDT webpages shortly as well as a summary in next months newsletter. We wish Liesbeth and Joelle all the best for the future.



## Well London

Well London is a project managed and co-ordinated by the Manor House Development Trust for residents on Woodberry Down

### Well London Football Tournament

On Saturday the 19<sup>th</sup> June, Well London hosts the Well London World Cup - a pan-London community event at the Linford Christie Stadium. This will see over 1000 residents from across 20 London boroughs taking part in the 5 aside event which is centred on a football tournament for young people. There will be three football competitions taking place throughout the day coordinated by QPR, Chelsea and Fulham football clubs, under 13s, under 15s, under 17s.

If you would like to attend and show your support please contact Lydia 020 8356 1625 to book a seat on the Woodberry Down Coach departure is from the Robin Redmond Resource Centre on Woodberry Down at 9.00 am. For more information about the tournament visit <http://www.wlwc.co.uk>



### Family Cycling Picnic

A picnic for all the families that took part in the STA cycling project took place on the May Bank Holiday at Finsbury Park. Lots of WD families attended, despite the appalling weather! Several came for bike repairs, some training was given and families enjoyed a ride up the Woodland Walk. The next family picnic will take place on Saturday 26<sup>th</sup> June, 11am -1pm at the Finsbury Park Basketball Court. There are also a number of other events taking place in Finsbury Park on that day for the family to enjoy.



## Celebrating Fathers

Saturday 19<sup>th</sup> June 2010 — 12pm to 4pm

All fathers and male carers are invited to come and have fun with the whole family and celebrate being a dad! Activities for Under 5's—older brothers and sisters welcome:

- Steel pan music workshop
- Football coaching and 5-a-side games for Under 5's
- Stay and play/ Craft activities
- Information stalls on Children's Centre services
- Food and refreshments



## Family Fun Day\* at the Woodberry Down Children's Centre

Wednesday 21<sup>st</sup> July 2010 11am - 4pm

\*previously the Multi-cultural Fun Day

Both events at the Woodberry Down Children's Centre,  
Springpark Drive, Green Lanes, London N4 2NP

## Hackney Homes Road Show

### Free micro chipping for dogs on Woodberry Down Tuesday 29<sup>th</sup> June 2010

Throughout the summer, Hackney Homes will be visiting over 30 estates to meet residents so that they can report issues and find out how these can be dealt with.

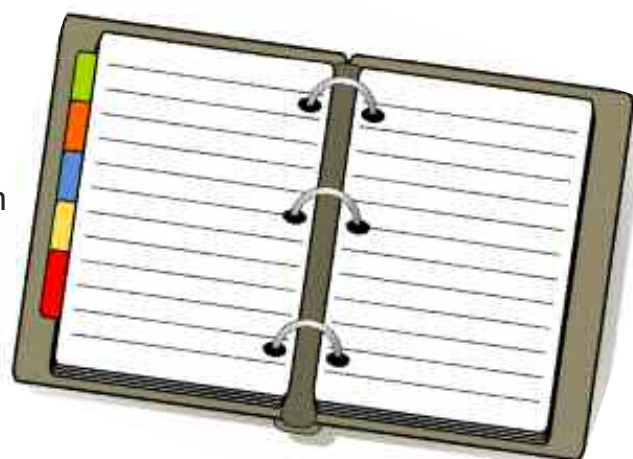
Residents who attend one of our Road Shows will be able to speak to a specialist from the Dogs Trust who will microchip the dogs free of charge\*\*.

Estate Safety Manager Wayne Hylton says "We are pleased to have Dogs Trust at the road shows and we urge residents to come along, get their dog micro-chipped for free and find out how we are keeping estates in Hackney safe."

For more information, contact the Hackney Homes Estate Safety Team on 020 8356 1911

\*\* Please note: This free chipping offer is open to all Hackney Homes tenants and leaseholders. A £5 offer is available for all other Hackney residents. All offers are subject to availability on each participating roadshow estate. Proof of address will be required.

## Dates For Your Diary:



### **Every Monday**

**WD Football Sessions** at Newnton Close football pitch

**Session 1:** 6pm - 6.45pm for 8 - 12 yr olds

**Session 2:** 6.45pm - 7.30pm for 13 yrs +

### **Every Tuesday**

**WD Football Sessions** at Sir Thomas Abney School  
for all ages 5.30pm - 6.30pm

For WD football sessions contact Christina Oshodi  
from Access to Sport on: 020 8809 0088

### **Over 55s Luncheon Club**

12.15pm - 2pm Contact: Luncheon Club coordinator Lydia Batchelor on 020 7503 0394

**Genesis Mentoring Scheme** 2.30pm - 5pm at the Parkside Youth Centre  
contact: Sharon Gaspard on 0781 0814197 or email: [sharon.gaspard@ghg.org.uk](mailto:sharon.gaspard@ghg.org.uk)

### **Every Wednesday (NEW Football Session!)**

**Boys 16 + Free training sessions** - 5.30pm - 7pm Finsbury Park, N4

Tel: 020 7686 8812

### **Every Thursday**

#### **Healthy Spaces**

12pm - 4pm old Pewsham House site. Contact: Sam Alexander on 020 8510 5418  
or email: [sam.alexander@groundwork.org.uk](mailto:sam.alexander@groundwork.org.uk)

**Walking Group** 11am - 12pm contact David on: 07876 533178

## June

**19<sup>th</sup>** Well London Football Tournament, departure 9am from RRRR

**26<sup>th</sup>** Family Cycling Picnic 11am - 1pm at Finsbury Park

**29<sup>th</sup>** Hackney Homes Road Show - at Woodberry Down Children's Centre

**19<sup>th</sup>** Celebrating Fathers 2 - 4pm at Woodberry Down Children's Centre

## July

**21<sup>st</sup>** Family Fun day at Woodberry Down Children's 11am - 4pm

**Next Issue:** The next newsletter will be distributed in the second week  
of July. Please contact us at [mhdt@hackneyhomes.org.uk](mailto:mhdt@hackneyhomes.org.uk) if there are any  
stories/ info that you wish to be included