

## Press release

20 December 2011

### **Winter warmer brightens up cold days**

Elderly residents came out on a cold winter day to meet neighbours and find out how Hackney Homes can help them feel warmer and safer at home. Over 200 residents were treated to woolly hats and socks, they enjoyed meeting locals and exchanging conversation over hot soup and refreshments.

Zumba teacher from Sharp End gave a high intensity dance aerobic class which proved very popular. East London Food Access were on hand to provide information on healthy eating as well as giving residents a bag of fresh fruit to take away with them.

Selima Scott, resident of Stoke Newington said: “The soup was a great idea, really warmed me up. I came with my friends from the estate and we danced, talked and learnt a lot. Thanks to Hackney Homes”.

Hackney Homes Board member Rupert Tyson said “The event is a great opportunity to support our elderly residents and encourage community spirit; giving residents the chance to meet new people in a relaxed environment.”

Hackney Homes’ staff helped residents report repair issues on their estate and leaseholders got advice regarding their service charge bill.

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