



## MANOR HOUSE DEVELOPMENT TRUST

### First resident from Woodberry Down working on site!

**WOODBERRY  
WORKS**  
Special Update



**“I want to inspire other young people in the area to get onto apprenticeship schemes and get work like I have ... It takes time and it isn't easy, but you must start somewhere. It sure isn't a waste of time!”**

**Derick Hudson**

Welcome to the March edition of the Manor House Development Trust e-newsletter. This month we are pleased to announce that Derick Hudson is now the first resident from Woodberry Down working on site, building new homes as part of the area's regeneration. Derick was helped by Woodberry Works which trains local people, enabling them to gain the qualifications and experience needed to apply for construction industry jobs.

Also inside this issue the Woodberry Down Luncheon Club, Genesis Community Grant and much more...

**Plus much more ...**

Derick is a skilled, qualified and experienced bricklayer who approached Woodberry Works as a way of updating his Construction Skills Certification Scheme (CSCS) card. Now that he has his card, Berkeley Homes – one of Woodberry Works' partners – have put him in touch with one of their sub-contractors who have offered him a job.

The Manor House Development Trust are very pleased with this latest development. Simon Donovan, MHDT Director, said: "This is a significant step. Local residents getting jobs on site here at Woodberry Down is a fundamental goal for the Manor House Development Trust. A measure of the success of this scheme will be the number of jobs created for local people."



Cllr Karen Alcock, Deputy Mayor of Hackney, said: "This is an important first step for Woodberry Down, we hope that many more local residents benefit from opportunities created by the regeneration of the area. Hackney Council is committed to ensuring not only high quality housing in the borough, but that all our residents can make the most of training and employment opportunities."

Trevor Hughes from Berkeley Homes stated, "We are delighted to have Derick on site as our first Woodberry Down resident employee. We are confident we can find many more like him within the community to fill positions on our sites moving forward on this exciting regeneration scheme."

## Want to find out more about Woodberry Works?

Throughout March Woodberry Works is offering free taster courses for young people and women. These include tiling, painting and decorating, plumbing, carpentry and DIY. These courses take place alongside accredited training to gain a Health & Safety CSCS card, First Aid and Food Hygiene qualifications. We hope to offer short courses in construction plant training in the near future.

**Groups and individuals can contact: Caroline or Lydia at the MHDT office on tel: 020 8356 1625 or 0800 694 2109; or email: [Lydia.Opere-Kwarteng@hackneyhomes.org.uk](mailto:Lydia.Opere-Kwarteng@hackneyhomes.org.uk)**

# Woodberry Down Luncheon Club



The first Luncheon Club took place on Tuesday 23<sup>rd</sup> February 2010. Since then the club has had a regular turnout of twenty residents on average each week. Every Tuesday since the start date residents have had access to two courses of healthy, nutritious, hot food, tea and coffee and a chance to socialise with other members of the community from the same age group.

Residents have enjoyed a variety of meals like: shepherds pie, macaroni bolognaise, lamb and vegetable, as well as desserts like fruit cocktail and custard, fruit Jelly and ice cream, stewed apples and Custard as well as tea and coffee. The cost of food is a fixed £2.50 for attendees.

MHDT would like to express a big thank you to all the volunteers for their kind help and great organisation, ensuring smooth running of the luncheon and a pleasant atmosphere at the club each week. Please refer any older members of Woodberry Down to the Luncheon Club coordinator **Lydia Bathchelor** on **020 7503 0394**



**Luncheon club volunteers**

## International Women's Event at the RRRC

**15<sup>th</sup> March 11 am - 3.30 pm**

This March the Robin Redmond Resource Centre (RRRC) will be celebrating International Women's Day with a range of free activities at the centre. International Women's Day has been observed since the early 1900s, and has grown to become a global day of recognition and celebration across the world. Occurring on the 8th of March each year the day focuses on the general celebration and appreciation of women as well as recognising women's economic, political and social achievements.

The RRRC will be celebrating the day on the **15<sup>th</sup> March** and activities will focus around recreation and pampering. Planned activities include:

**Make-up and hairstyling, Henna painting, massage therapy, as well as a belly dancing masterclass!**

Please contact **Goknil** the RRRC coordinator for further information on **020 8356 1792** For more info about international womens day is available at: <http://www.InternationalWomensDay.com>



## Community Chest Update

The beat of African drums echoed through the halls of Woodberry Down Primary School on the 4<sup>th</sup> March 2010, as the Pan African Drumming and Dance Theatre (PADDT) group kicked off the first of two workshops teaching Year 6 and 7 students the art of African drumming, dancing and story telling the famous tale of Anansi the spider and Onini the Python. The project ended with a final performance from the group on Friday 6<sup>th</sup> March, over the project 40 young people attended.



**The PADDT Team**

The PADDT received £1000.00 from the Genesis Community Chest to give these young people the opportunity to learn new skills, increase self-confidence, team working skills and also learn about a different culture. MHDT and Genesis are very pleased with the way the PADDT has



**Victoria teaching pupils at WD School**

used the money to benefit local children, this is a great example of a local group organising themselves and accessing the local funds that are available. For Victoria Dzivenu, local resident, lead dance tutor and treasurer for PADDT, this is her passion and dream. Over the last year she has been running dance and drum lessons from the Robin Redmond Resource Centre, charging participants a small fee but funding most of it out of her own pocket.

The performance was enjoyed by teacher Kelly Pryor, who said: "This is a fantastic multicultural activity that allows for cross curricular (music, literacy, drama) links and allow pupils to interact and work with each other in different circumstances."

## HACT Funding Success:

MHDT has been successful in a partnership bid with Genesis Community to the Housing Associations Charitable Trust (HACT). MHDT are the lead partner in this bid and the funding will kick start an intergenerational project on the Woodberry Down Estate (Hackney) in the new financial year; a much needed addition to the community development work currently being delivered on the estate. There will be three intergenerational projects covering pottery, dance and the community choir taking place on the estate soon.

# Well London

Well London is a project managed and co-ordinated by the Manor House Development Trust for residents on Woodberry Down

## Well London newsletter for the Brownswood area coming soon

Work has begun on a Well London Newsletter that will be distributed quarterly to all residents within the Brownswood area. The Well London Newsletter will provide updates and information on free Well London projects taking place within the area.

## Well London Woodberry Family Cycling

The family cycle project began on Saturday the 20<sup>th</sup> February, with 22 individuals attending. The generational make-up of the group is of large families with young children as well as several young adults. Out of the group only six were existing riders; the others were all total non-riders or 'rusty'. Five beginners learnt to ride on the first session. Attendees will be taken out onto the road and trained in the coming sessions. Classes end on the 27<sup>th</sup> March but there is still time to phone in for a session.

**Contact Gail for further info on future courses [gail@stabikes.org.uk](mailto:gail@stabikes.org.uk) or tel: 07726 348483.**

**Here's what local resident Tessy and her children have to say about the cycle club:** "Coming to the Stabike sessions is the best thing to happen to my family, because it's the first sport we have done together as a family and has given me the opportunity that I have missed as a child and it shows that you are never too old to learn anything as long as you can try it. Riding a bike will help me to maintain my physical health and keep me in a good shape if all goes well. A very big thank you to the staff that organised it, raised the funds necessary for it and for the trainers for their dedication in making it a success."

**Tessy Ofoedu, Woodberry Down Resident**



"I think it is fun because we get to ride the bike."  
**Nneka Ofoedu (7 years old)**

"I really enjoy cycling because it's good for you and it's fun. It also helps you to learn how to check if your bike is good for riding." **Onyeka (10 years old)**

## Coming Soon ... Can money buy women happiness?

Eight Well Being Workshops for Women - 7<sup>th</sup> May 2010 between 9.45am – 12.30pm this project is for any woman living in the Brownswood Well London area - More details will be distributed soon.

# Woodberry Down Team to Enter Well London Football Tournament

The Woodberry Down football training sessions have started at Newnton Close football pitch. Access to Sport is providing the training every Monday evening between 6pm - 7pm and there is now a new session on Tuesday 5.30pm - 6.30pm at Sir Thomas Abney School. Training will be in earnest as the Woodberry Down Football Team has been entered in the Well London World Tournament which will take place on Saturday 19<sup>th</sup> June 2010 at the Linford Christie Stadium in West London.



**Learn to eat like a winner!** As the team will be entered into the Well London World Cup they can also come to a free ActivEAT event to learn about which foods will help them perform best on the day. Get your coach to contact Jude Lockett: [j.lockett@lsx.org.uk](mailto:j.lockett@lsx.org.uk) 020 7234 9405 or go to [www.wlwc.co.uk](http://www.wlwc.co.uk)

If you would like more information on the Woodberry Down Football team or have a young person from Woodberry Down that you would like to refer, please contact: **Leslyanne Forman: 020 8356 1626** or **Christina Oshodi from Access to Sport on: 020 7686 8812**

## March: Dates For Your Diary:

### **Every Tuesday**

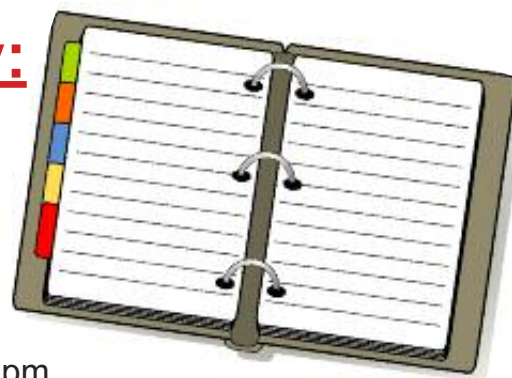
Genesis Mentoring Scheme 2.30pm - 5.00pm at the Parkside Youth Centre contact: Sharon Gaspard on 0781 0814197 or email [sharon.gaspard@ghg.org.uk](mailto:sharon.gaspard@ghg.org.uk)

**Every Tuesday** - Older persons Luncheon Club 12.15 pm - 2 pm

**4<sup>th</sup> and 18<sup>th</sup>** - Well London Walk Leader training – Training sessions at City Edge. Tel: Leslyanne Forman on 020 8356 1626 or Darren English on 020 8356 4897

**15<sup>th</sup> - 11am** – 3.30pm International Women’s Day Celebrations at the RRRRC contact Goknil on 020 8356 1792 or email: [Goknil.gokce@hackneyhomes.org.uk](mailto:Goknil.gokce@hackneyhomes.org.uk)

**24<sup>th</sup> and 31<sup>st</sup>** - Skyway/Elevate street art for ages 12 – 19 contact Tania on 07872 675569 or email: [tania@skyway.uk.com](mailto:tania@skyway.uk.com)



**Next Issue:** The next newsletter will be distributed in the second week of April. Please contact us at [mhdt@hackneyhomes.org.uk](mailto:mhdt@hackneyhomes.org.uk) if there are any stories/ info that you wish to be included