

Press release

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Hackney youngsters move to the beat at estate dance project

A new programme is giving youngsters in Hackney professional dance training on their local estates.

Hackney Homes is working in partnership with Hackney Play Association and CityZen and has launched the Nemesis Dance Project. Word is spreading fast and since launching just two weeks ago, the classes are attracting up to 25 boys and girls meeting in Hackney community halls to practise their dance techniques and to get advice from trained dance professionals.

The boys and girls are getting involved in different styles of street dance including contemporary, hip-hop, break dance and in the process improving their stamina and their self esteem.

Sonia Bradley, Hackney Homes Youth Coordinator sees this as a vital project “The young people on the estates came up with the idea for the Nemesis project and it is all about having fun with dance. Anyone between the age of 11 and 18 can turn up and learn a thing or two about dance”.

“Street dance is about individuality and originality and this project allows Hackney youth to develop their own personal styles whilst at the same time, working together with their peers”.

Clare Lennard from Hackney Play Association, the organisation tasked with providing facilities for recreation and other leisure-time occupations for young residents is excited about the opportunities that Nemesis provides. “It allows young people to constructively develop their talents and abilities in an enjoyable environment while also providing them with the opportunity to keep active and keep fit”.

Ends

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Notes for Editors

Nemesis Dance project is running in the estates mentioned below. All sessions start promptly at 6pm. Places are limited to 25 per session and will be allocated on a first come, first served basis.

Monday Robin Redmond Centre, Woodberry Grove N4 2RD,

Wednesday Queensbridge Sports Centre, Holly St E8 3XW

Thursday Downs Baptist Church, Downs Rd E5 8DS

Friday New Kingshold Community Hall, Ainsworth Rd, E9 7JE

For more information, check out www.hackneyhomes.org.uk

Our mission is to deliver excellent, responsive housing services with decent homes and estates. To help residents lead healthy lives in safe and sustainable communities.

www.hackneyhomes.org.uk